

## HISTORY AND PHYSICAL

- **Subjective:** The patient has a 30-year-old with no visible symptoms except for a rash on their arm.
- **Objective:** Skin is dry, no chafing, no infection noted.
- **Assessment:** No significant change observed.
- **Plan:** Monitor and follow-up to rule out reaction if new signs emerge. Advise the doctor to avoid environmental touchstones and stay hydrated. Also suggest consulting an allergist for potential reactions.